



they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you
wanted to eat.

Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering
you,
for on him the Father, God himself, has set
his seal.'

Then they said to him, 'What must we do if we
are to do the works that God wants?' Jesus gave
them this answer, 'This is working for God:
you must believe in the one he has sent.' So
they said, 'What sign will you give to show us
that we should believe in you? What work will
you do? Our fathers had manna to eat in the
desert; as scripture says: He gave them bread
from heaven to eat.'

Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from
heaven,
it is my Father who gives you the bread
from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'

'Sir,' they said 'give us that bread always.'

Jesus answered:

'I am the bread of life.

He who comes to me will never be hungry;
he who believes in me will never thirst.'

■ The Gospel of the Lord.

A SERVICE OF THE SOCIETY OF ST PAUL



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SHORT MEMORIES AND DEEPEST HUNGERS

God must surely wonder at our capacity to
quickly forget how we have been blessed. The
people of Israel wasted no time in complaining
to Moses about having been brought out of
slavery in Egypt! It was not enough that they
had seen the army of Pharaoh drowned, or the
plagues sent as signs that God was working
through Moses. In a similar fashion the people
who had seen Jesus heal so many who suffered
from sickness, and then feed the multitude,
will demand a further sign from Jesus in order
that they would believe in him and trust in
him as the bread of life!

There is a tremendous tension in these
readings between the patience and generosity
of God on one hand, and on the other, the
ways in which we can fail to appreciate and
accept what God is offering us. In time the
people in the desert tired even of the quail and
manna, just as many of Jesus' contemporaries
were unable to accept that he was the bread
of life, and the answer to their deepest hunger
and needs.

As Paul knew all too well the process of
conversion is an ongoing one, a challenge to
leave behind our old selves, that is, that which
does not answer our most heartfelt needs or
engender life. Even though we may recognise
that Jesus is the source of our life it can still
be a struggle to nurture the new life of Jesus
within us because of old patterns of acting or
perceiving.

Christopher Monaghan CP

FIRST READING

Ex 16: 2-4, 12-15

A reading from the book of Exodus.

I will rain bread from heaven upon you.

The whole community of the sons of Israel
began to complain against Moses and Aaron in
the wilderness and said to them, 'Why did we
not die at the Lord's hand in the land of Egypt,
when we were able to sit down to pans of meat
and could eat bread to our heart's content! As
it is, you have brought us to this wilderness to
starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain
down bread for you from the heavens. Each day
the people are to go out and gather the day's
portion; I propose to test them in this way to
see whether they will follow my law or not.'

'I have heard the complaints of the sons
of Israel. Say this to them, "Between the two
evenings you shall eat meat, and in the morning
you shall have bread to your heart's content.
Then you will learn that I, the Lord, am your
God." ' And so it came about: quails flew up in
the evening, and they covered the camp; in the
morning there was a coating of dew all round
the camp. When the coating of dew lifted, there
on the surface of the desert was a thing delicate,
powdery, as fine as hoarfrost on the ground.
When they saw this, the sons of Israel said to
one another, 'What is that?' not knowing what
it was. 'That' said Moses to them 'is the bread
the Lord gives you to eat.'

■ The word of the Lord.

RESP PSALM

Ps 77: 3-4, 23-25, 54. R. v. 24

R. The Lord gave them bread from heaven.

1. The things we have heard and understood, /
the things our fathers have told us, / we will
tell to the next generation: / the glories of the
Lord and his might. **R.**

2. He commanded the clouds above / and
opened the gates of heaven. / He rained down
manna for their food, / and gave them bread
from heaven. **R.**



3. Mere men ate the bread of angels. / He sent
them abundance of food. / He brought them
to his holy land, / to the mountain which his
right hand had won. **R.**

SECOND READING

Eph 4: 17, 20-24

A reading from the letter of St Paul to the
Ephesians.

*Put on the new person that has been created in
God's image.*

I want to urge you in the name of the Lord,
not to go on living the aimless kind of life that
pagans live. Now that is hardly the way you
have learnt from Christ, unless you failed to
hear him properly when you were taught what
the truth is in Jesus. You must give up your
old way of life; you must put aside your old
self, which gets corrupted by following illusory
desires. Your mind must be renewed by a
spiritual revolution so that you can put on the
new self that has been created in God's way, in
the goodness and holiness of the truth.

■ The word of the Lord.

GOSPEL ACCLAMATION

Mt 4: 4

**Alleluia, alleluia! No one lives on bread
alone, but on every word that comes from
the mouth of God. Alleluia!**

GOSPEL

Jn 6: 24-35

A reading from the holy Gospel according
to John.

*Whoever comes to me will never be hungry; whoever
believes in me will never thirst.*

When the people saw that neither Jesus nor his
disciples were there, they got into boats and
crossed to Capernaum to look for Jesus. When

Catholic Parishes of St. Andrew's Malabar & St. Agnes' Matraville

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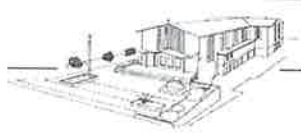
SUNDAY MASS

9am Livestreamed Mass

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Available by appointment.

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Office hours: Tues & Wed 9.30am - 4.30pm

Parish Secretary:

SUNDAY MASS

9am Livestreamed Mass

RECONCILIATION:

Available by appointment

School: 9311 1995

18TH SUNDAY IN ORDINARY TIME

Go Make Disciples,

The Mission Plan for the Archdiocese of Sydney

Please pray for the Faithful Departed:

Recently deceased: Sam Capizzi, Jeanette Bujeya, Eileen Stublely, Anthony Bataille, Marika Radić, Fr Anthony Simari (Pervious Parish Priest of St Agnes;'), and all who have died from the Covid-19 Virus.

Anniversary: Stephen Kennedy, John McFadyen, Faye Davis, Brian Hetherington, Alex Pekin and Anthony Moore

The Sick: Julia Mankarios



Tax Receipts for both parishes, have been emailed out. If you have not received please contact the office on 93112062

A message from the Archdiocese of Sydney: Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or afeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

From my desk

Greetings to one and all and another week of lockdown sadly with another four weeks. I am thinking and praying for you all, I hope you are all ok? I hope if you can catch up with our online Masses on your phones, iPads or computers on our parishes websites or the YouTube link: <https://www.youtube.com/channel/UCqgkjUxFKhCcT9Ttwtf4pA/live>

At the beginning of 2024, which is not too far away there will be an amalgamation of Pagewood & Matraville Catholic Primary Schools on our Matraville parish/school site. There has been before my arrival here as Parish Priest, consultation in the two parishes of this arrangement. I, on a regular basis have had meetings to move the project along. One issue we are facing is the name of the new Catholic Primary School, which we hope will be a reflection of the two schools elements of the charisms and historic natures.

Keep safe and well and hope you have been able to be vaccinated.

God bless you all, missing you all in person.

Fr John

Anyone wishing to continue to financially support the parishes of St Agnes' and St Andrew's can continue their Thanksgiving contributions by direct deposit as follows:

First Collection supports St Agnes' Presbytery

Account Name: Matraville Parish Pastoral

BSB: 062 784

Account: 0496 5002

Second Collection supports St Agnes' Parish

Account Name: Matraville Parish Church

BSB: 062 784

Account: 0496 5001

Reference: Your planned giving number and name

First Collection supports St Andrew's Presbytery

Account Name: Malabar Parish Pastoral

BSB: 062 784

Account: 0428 5002

Second Collection supports St Andrew's Parish

Account Name: Malabar Parish Church

BSB: 062 784

Account: 428 5001

Reference: Your planned giving number and name

Plenary Council Prayer Campaign: People across the country are invited to participate in the "Fan the Flame" prayer campaign leading up to the first assembly of the Fifth Plenary Council of Australia. The assembly starts on October 3.

Campaign materials include resources for personal and communal prayer, reflections, musical suggestions and multimedia content. Find the resources at: www.plenarycouncil.catholic.org.au/fanthefflame/



VOLUNTEERS NEEDED: If anyone in the parish has a love of high-tech equipment and is interested in learning the running of our new livestreaming equipment, we would appreciate your help. We are hoping to get enough parishioners involved, to make up a roster system for weekend masses. Anyone who is interested, please contact the office by emailing (standrewmal@gmail.com) or calling 9311 2062.

FEAST OF MARY MACKILLOP (Sunday August 8). No masses will be celebrated at Mary MacKillop Place on as the, Chapel Remains closed.

Where will Fr John be??

Every Sunday 9.00am mass Live-streamed

<https://www.youtube.com/channel/UCqgkjUxFKhCcT9Ttwtf4pA/live>